

UnitedHealthcare

The dedicated team of UnitedHealthcare Advocates for Apple and other health resources (3:09)

Welcome to the Apple Benefits Explained Video Series. Today, we're going to talk about the dedicated team of UnitedHealthcare Advocates for Apple as well as other resources to help you and your family live your best.

The Advocates for Apple are a team that includes specialists in benefits, behavioral health and transgender care, along with clinical care professionals, a medical director, a pharmacist, and registered nurses available 24/7.

To get answers to your health and benefits questions, there's just 1 number to call. You can also contact the Advocates using secure email or chat on **myuhc.com**[®].

They can help you understand how your medical plan works, resolve claim issues, find doctors or specialists, and more.

When it comes to staying healthy, finding a doctor you trust is important — as is seeing them regularly. The Advocates can help you find a doctor rated for quality and cost-effective care.

Advocates can also connect you to a registered nurse for personal services. You'll be paired with an experienced nurse who will work with you 1-on-1 to support your needs, whether you're looking to grow your family, are already expecting, are trying to manage diabetes or want to better control asthma symptoms.

Experienced nurses can answer questions, provide information on treatment options and guidance on managing your health, and help you find quality providers and clinics.

Specialized nurse care over the phone is also available to you or someone in your family who has a special health need.

Nurses are available to help those who have a baby in the neonatal intensive care unit, are navigating a cancer diagnosis, are considering weight-loss surgery or are preparing for an organ transplant.

For LGBTQ+ employees and household dependents, the Advocates can put you in touch with Included Health, which helps people find quality providers who understand their unique needs. Included Health can help you get answers to questions, find community resources and more.

If you or a family member has been diagnosed with autism spectrum disorder, the Advocates for Apple can partner you with a dedicated Autism Care Advocate. This Advocate will work with you to answer your questions and help you find available support.

And finally, the Advocates for Apple have been trained on lots of other helpful resources.

They can connect you to additional wellness benefits such as Quit For Life[®], which is clinically proven to help people overcome tobacco dependency. Connect with a coach, manage triggers anytime with trackers, texts and videos, and stay on track with nicotine-replacement therapy like gum or patches.

To learn more about any of these resources, call the Advocates for Apple.

Scan a QR code to call the Advocates and save their number to your iPhone, or to download the UnitedHealthcare[®] app.

Thank you for watching!